

Annual Progress Report

Comprehensive Health And Rural Development Society (CHARDS)

APRIL 2021-MARCH 2022

Comprehensive Health and Rural Development Society (CHARDS) is purely none profitable organization. It serves downtrodden community in respect of all religion. The main purpose of organization is to do upliftment in every aspect of down trodden specially Dalit and to all excluded community by promoting through voluntary effort. CHARDS is working with children like-Missing children, exploited children, Trafficked children, Children engaged in hazard work, children ran away from home, Distressed children and need of care & protection of children, education, health and nutrition etc.

The Communities are facing problems with various phenomena physical, psycho-spiritual as well as socio-economical, cultural, Environment, various diseases and other global burning issues etc. These Dalit Community is really in need of you, Therefore our organization calls let us join our hands together and make ourselves channel of radiator among Dalit and marginalized community

Activities and achievement:

❖ CHILDLINE (Sub Centre Chakiya)

1. Cases referred by the collaborative organization / intervened during outreach, in the following format for the year: **April 2021 to March 2022**

Types of calls April May June July Aug. Sept. Oct. Nov. Dec. Jan. Feb. March

Types of calls	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March
<i>I. Interventions</i>												
Medical help	06	00	09	01	01	05	15	01	06	07	02	04
Shelter	01	00	00	00	00	00	00	00	00	00	00	00
Repatriation	00	00	00	00	00	00	00	00	00	00	00	00
Restoration	00	00	00	00	00	00	00	00	00	00	00	00
Protection from Abuse	02	01	01	05	03	03	00	02	01	00	04 DNF	03 DNF
Sponsorship	00	00	00	00	00	00	00	00	00	00	00	00
<i>II. Missing children</i>												
Child lost	00	01	00	02	00	01	00	01	00	02 DNF	01 DNF	00
Parents asking	00	00	00	01	00	00	00	00	00	01	00	00

Shankar K. B.
COMPREHENSIVE HEALTH AND RURAL DEVELOPMENT SOCIETY
CHARDS

help												
III. Emotional support and Guidance	00	00	00	00	00	00	00	00	00	00	00	00
IV. Others	06	36	09	06	16	26	09	01	13	04	07	05
Did not Find (DNF)	01	00	01	01	00	02	01	00	00	00	00	00
Total	16	38	21	16	20	37	25	05	20	14	14	12

2. Number of Weekly Meetings held with team members: 39

No of monthly meeting with Director: 12

Issues discussed:

- Review of last meeting, discussion on action plan and achievement of goals, outreach planning and how to take more cases from outreach, intervention form filling method
- How to take case ID by calling 1098, regular contact with allied system for better protection of children, outreach plan design,
- Role and responsibilities of all staffs, how to do quality documentation, counselling steps and method, open house scheduling and method to organise in good way
- Planning of Awareness on COVID 19 with PRI members and other stakeholders
- Formation of BCAB, Meeting with BLCPC, PLCPC and WLCPC

3. Awareness programmes conducted: (In the 7th Block of East champaran district)

- Discussion on child labour, child marriage, child trafficking
- Awareness campaign for sharing basic concept of CHILDLINE and its services with BDO, CDPO, ASHA, ANM and other police officials
- Counselling of children through mobile conversation in pandemic situations
- Meeting with PRI, parents, community leaders for better care of child protection and on their rights
- Awareness meeting with Jeevika group, volunteers, children groups and health officials
- Awareness generation among community and children about COVID -19
- We organised **BCAB** meeting on following dates:-
 - 26/07/2021 at meeting hall of Campus of Piprakothi block
 - 02/08/2021 at Trisam Bhawan of Campus of Chakiya block
 - 07/08/2021 at meeting hall of campus of Mehshi Block
 - 10/08/2021 at meeting hall of campus of Keshariya block
 - 15/02/2022 at Information technology bhawan Madhuban block



➤ 25/03/2022 at Information Technology Bhawan kalyapur block

4. a) Grass roots level outreach with children and concerned adults :

Target Group	No. Contacted	Nature of outreach	Number of programmes
PCO owners	00	00	00
Railway station	11	Field outreach in small group and in individual. Basic concept of CHILDLINE, 1098 services, covid 19 awareness	02 JOINT PROGRAM WITH RPF
Bus stops	12	Field outreach in group and individual. 1098 services how to call on this number in case if people a found a child in distress	
Shelter children	03	Individual outreach 1098 services and how to take care of children in distress	
Cinema halls	00		
Parks	00		
Tourist places	02	Field outreach through group and small groups. Concept of 1098 one to one person contact and knowledge sharing	
Religious places	15	Field outreach through group and small groups. 1098 services child rights prevention of child labour others	
Schools	42	Individual and small group outreach. Awareness of school staff on JJ act, 1098 services and Right to Education act etc.	19
Slums	15	Field outreach through group and small groups, 1098 services, How to take care in covid	Community meeting-20

Shankar Singh



		pandemic, stop child labour & child marriages	
Others		Field outreach through small group . group and individual. Discussion on basics concept of Child rights, 1098, pamphlet distributions, key points of JJ act, role of police , CCL and CNCP difference, how to help children asking for help	BCAB-06 BLCPC-01 PLCPC-12 ICDS-35
ICDS centers	45		
PHC visit	09		
Govt Officials BDO, Police station etc	36		
Care and protection of children during disaster			
Community	33	Field outreach through small group . group and	Children group meeting -01
SHG jeevika	10		Volunteer meeting-01
PRI	20	individual. Discussion on	
BRC/CRC	07	basics concept of Child rights, 1098, pamphlet distributions, key points of JJ act, role of police , CCL and CNCP difference, how to help children asking for help, hand wash during covid 19 , use of masks and sanitizer others	
ASHA	14		
CDPO	25		

b) Describe Methods used for awareness:

- Distribution of pamphlets,
- Use of clip chart, handbills, banner etc.
- Use of mobile and one to one contact
- Organizing meetings
- Others

5. Number of Open house programmes held: 11

- 01) 25/05/2021- Khidiripura ward no 2 under block of keshariya
- 02) 26/06/2021- ramkaran pakdi of block chakia
- 03) 27/07/2021- at Talim Pakadiya under block of Madhuban

Shankar K. P.



- 04) 28/08/2021- at girls high school Mehshi
- 05) 21/09/2021- at R utkramit Middle school Dihtola block of Madhuban
- 06) 5/10/2021- surajpur middle school piprakothi block
- 07) 15/11/2021- middle school kanya Chakia block
- 08) 28/12/2021- Middle school Jamuniya chakia block
- 09) 21/01/2022- Gangotri public school Kalyanpur block
- 10) 27/02/2022- Bakhri Gopal Kalyanpur
- 11) 30/03/2022- Purainiya Kalyanpur block

Issues and problems mentioned by the children during open House

- 1) Untimely payment of scholarship, lack of infrastructure, cleaning of toilets
- 2) sychological effects on children on covid 19
- 3) Quality education, availability of books, stipend, untimely arrival of teachers lack of teachers in school
- 4) Importance of handwashing and covid appropriate behaviour

6. Details, if any, of innovations in CHILDLINE:

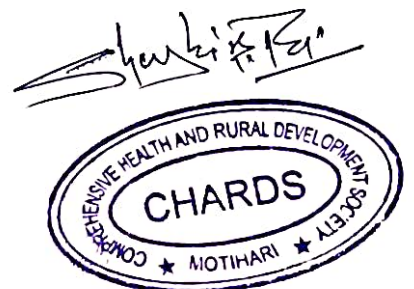
- 1) CHILDLINE se Dosti Campaign- 14 to 20 Nov 2021
- 2) Human Rights Day- 10/12/2021
- 3) National Girl Child Day- 24/01/2022
- 4) International women day-08/03/2022

Discription below:

- 1) During this campaign we organised drawing competition, signature campaign, poster campaign, rally, speech competition, Dosti band tying. Addition to distribution of handbills chocolates, pamphlets were done. We share our knowledge of CHILDLINE with allied systems like SSB officers and Children related organisations.
- 2) Children participated in speech competition, copy and pen distribution, refreshment
- 3) Speech competition, refreshment, 1098 knowledge sharing etc

❖ Activity report - Collaborative organizations (Railway CHILDLINE Bapudham Motihari)

1. Call statistics in the following format for the year: 2021-22



Types of calls April May June July Aug. Sept. Oct. Nov. Dec. Jan. Feb. March

	April	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March
I. Interventions												
Medical help	0	0	0	0	0	0	0	0	0	0	0	0
Shelter	0	0	0	0	0	0	0	0	0	0	2	0
Repatriation	0	0	0	0	0	0	0	0	0	0	0	0
Restoration	0	0	0	0	0	0	0	0	0	0	0	0
Rescue	0	0	0	0	0	0	0	0	0	0	0	0
Sponsorship	0	0	0	0	0	0	0	0	0	0	0	0
II. Missing children												
Child lost	0	0	0	0	0	0	0	0	0	0	1	3
Parents asking help	0	0	0	0	0	0	0	0	0	0	1	2
III. Emotional support and Guidance												
IV. Information												
Info & referrals to services	0	0	0	0	0	0	0	0	0	0	0	0
Information about CHIDLIN & volunteers	0	0	0	0	0	0	0	0	0	0	0	0
V. Unclassified												
VI. Others												
Did not Find (DNF)/did not respond	0	0	0	0	0	0	0	0	0	0	0	1
Crank/fun/abusive	0	0	0	0	0	0	0	0	0	0	0	0
Chat calls	0	0	0	0	0	0	0	0	0	0	0	0
Wrong	0	0	0	0	0	0	0	0	0	0	0	0
Silent	0	0	0	0	0	0	0	0	0	0	0	0



Blank	0	0	0	0	0	0	0	0	0	0	0	0
Follow up calls	0	0	0	0	0	0	0	0	0	0	0	0
Phone-testing calls	0	0	0	0	0	0	0	0	0	0	0	74
Administrative	0	0	0	0	0	0	0	0	0	0	0	0
Personal	0	0	0	0	0	0	0	0	0	0	0	0
Total	0	0	0	0	0	0	0	0	0	0	4	80

2) Number of Weekly Meetings held with team members: - Feb- 7,14,21, 28 and March- 7,14,22,28

Issues discussed:

- a) outreach plan, how to take cases from outreach, application writing method and format, counselling method
- b) how to fill intervention form, how to take GD no. how to take case ID from 1098
- c) issuance of ID card, Cleanliness of helpdesk, support of RPF and GRP
- d) CJILDLINE office no. displaying and others

3. Number of Awareness programmes conducted: - 01

Details: Celebration of international women day

a) 08/03/2022- we organised this day with GRP/RPF and other passengers to spread awareness. Banner for this occasion was prepared. We organised this day with small group on Bapudham railway station.

4. a) Grass roots level outreach with children and concerned adults :

Target Group	No. Contacted	Nature of outreach	Number of programmes
PCO owners			
Railway station	346 approx	Field outreach	Child Help Group meeting 01
Bus stops			
Shelter children			
Cinema halls			
Parks			
Tourist places			
Religious places	50 approx	Field outreach	
Schools	102 approx	Field outreach	
Slums			
Others	36 approx		

b) Describe Methods used for awareness:

person to person contact, small group meeting, meeting with people in temple visit outside of station, contact with vendors outside stations, pamphlet distribution meeting with stations master and railway officials GRP/RPF, meeting with people to aware about 1098, others



5) Number of Open house programmes held: -02

Issues and problems mentioned by the children during open house:

a) 25/03/2022- NEW GOPALPUR, RAJA BAJAR MOTIHARI, GOD LIKE CARE SCHOOL (THIS WAS THE FIRST MEETING ORGANISED BY BAPUDHAM RAILWAY CHIDLIN, CHILDREN ENJOYED THE WHOLE SESSION ASKED ABOUT 1098 SERVICES, CHOCOLATES WERE DISTRIBUTED CHILDREN WERE QUITE SHY TO SAY THEIR PROBLEMS)

b) 26/03/2022- RAJKIYA MADHYA VIDALAYA BANJARIYA, SEMRA (OUR CHIDLIN TEAM WAS UNABLE TO ORGANISE FIRST OPEN HOUSE IN THE MONTH OF FEB SO THE SECOND OPEN HOUSE WAS ORGANISED IN THE MONTH OF MARCH. IN THIS OPEN HOUSE SOME PUMPHLETS WERE DISTRIBUTED CHOCOLATES WERE DISTRIBUTED AMONG CHILDREN AFTER ASKING A LOT THE CHILDREN DON'T SAY ABOUT THEIR ISSUES TO OUR MEMBERS AND THEY SAID THEY ARE GETTING GOOD FACILITIES IN SCHOOL. CHILDREN WERE SHY IN NATURE AND WERE UNABLE TO PUT THEIR PROBLEMS BEFORE OUR CHIDLIN TEAM. OUR CHIDLIN TEAM LEARNED THE NEW APPROACHES TO CONDUCT OPEN HOUSE FROM THE NEXT TIME)

❖ Project- Ensuring child Rights of Dalit community

Funded by: CRY-Child Right and You

➤ Nukkad natak on child marriage and its impact on adolescents –Nukkad natak show in the project area madhubanighat, bardaha and haraj. During the period following topics coverd :-

- ✓ Child marriage and its bad impact on adolescent
- ✓ Child marriage act
- ✓ Roll of parents/ community to eradication of child marriage from our society
- ✓ Education for all
- ✓ Dowry act

➤ Nukkad natak on Immunization, Institutional delivery, and common hygiene practices

During the nukkad natak we covered the following topics-

- ✓ Benefits of Institutional delivery
- ✓ Risk of home delivery
- ✓ Benefits of govt health schemes
- ✓ Benefits of immunization and AEFI
- ✓ Common hygiene practices
- ✓ Etc.

➤ Celebration of poshan mah: -

National nutrition month was organised from 01 to 30 September 2022 in the various places under panchayat of Bardaha, Madhubani ghat and Tikuliya. During this poshan month we covered - Child marriage, Mother health during the pregnancy period, good and healthy diet for a pregnant woman, use of locally available nutritious resources, regular health check- up, regular immunization, importance of breastfeeding, family planning, care of neonatal (Kangaroo care method), infant and children in cold season etc. Along with GMC plotting, symptoms of malnutrition and home based management for it.

➤ Celebration of Breast-feeding week: -

CHARDS organised it from 01-08 August 2020 at project area under the panchayat of Madhubanighat, Bardaha and Tikuliya. Resource person on 05/08/2021. The process followed with registration of participant, welcome the participant, lecture, sharing and discussion with participatory way. Question and answers etc. Following topics were covered : -PWS must take rest at least 2/3 hours/ day, family member and PWS should prepare safe and institutional delivery, select comprehensive facilities at hospitals. If any



problems faced pregnant Woman in last delivery then pregnant women go for delivery in hospital. The care of new born and lactating women after delivery. We continue discussed with ASHA and Anganwadi workers they will visit home to bring awareness for breastfeeding. During this period video show on benefits of breastfeeding.

➤ **Haemoglobin Test of Adolescent girls-** It was organised on 26 and 27 September 2021 with collaboration of health department. There was 128 haemoglobin test completed of adolescent girls and we found more girls are anaemic. So we suggested to adolescent for better care of their health, take balance diet, use of sanitary pad, use of locally available resources , food diversity, use IFA tablets etc.

❖ **Capacity building of Pregnant and Lactating Women on health and nutrition:**

we organised six capacity building workshop with mothers on health and nutrition in our project area. During this period, ASHA, ICDS worker, ANM and NRC coordinator were presented and they highlighted on following topics:-

- Registration in Aanganbadi centre
- Care of new born child and lactating mother.
- Supplement of nutrition food for PWs/LWs
- Knowledge share about danger sign
- Use of IFA Tablets
- Importance of T.T. and ANC/PNC
- Preparation for safe and institutional delivery
- Use of revolving fund

❖ **Capacity building workshop of Adolescent girls child centr module on health and nutrition**

It was organised on 18 and 19 December 2021 at Rajkiya Uchh vidyalaya Mathiya Madhubani Ghat.

* No of Participants: Girls-53, CHARDS team and Resource person-11

* Resource persons: Ms. Divyata Kumari and Mr.Nandlal Kumar

First day capacity building Program of adolescent girl is which each session had some activity, total 3 activates were done during the first session. The second session was started after lunch.

The first day of the pogram was started by the secretary of CHARDS Mr. Shashi Bhushan Prasad with the welcome and greetings of the adolescent girls and resource person. He thanked the audients for participating is the program. On the first phage of the program, the girls welcomed the guest by singing a welcome song. After this all resource persons and CHARDS team members introduced themselves. During this time CHARDS also shared its function and responsibilities among all people. In the second phase of the program, some rules and regulation were fixed by the trainerlike –maintaining peace during training, not talking to each other etc. Trainer asked the adolescent girls their wishes, what do they want to learn here? Then after the girls show their interests and the following topics were covered :-

- ✓ Girls age of child marriage and its bad impact on health
- ✓ Child marriage act
- ✓ Ten topics of life skills
- ✓ Balance diet for adolescent girls
- ✓ Use of sanitary napkin
- ✓ Food diversity



- ✓ Use of locally available resources
- ✓ Use of IFA tablets
- ✓ ICDS services
- ✓ Rashtriya Kishor karykarm
- ✓ Girls education
- ✓ Rights of girls

The capacity building workshop end with game in which the participants were divided into two teams. All the participants pledged to maintain friendship by tying friendship ribbon to each others, in which the CHARDS team also participated.

❖ **Celebration of VHSND/AAROGYA DIWAS**

During the staff meeting we planned out our role and responsibilities, meeting started with registration process of all participants. Our resource persons gave lectures on GMC of children, importance of immunization and its schedule, some topics covered on adolescent girl and children. addition to it they covered prominent topics like ANC/PNC check-up, Govt. health program & schemes , care of SAM child and its referral, exclusively 6-month breast feeding , family planning services etc.

❖ **Kishori group meeting:**

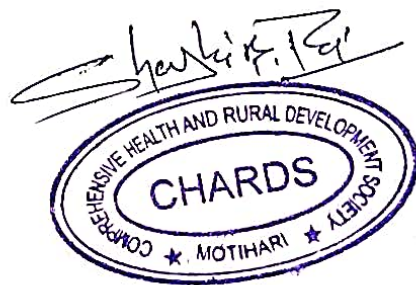
CHARDS organized Kishori group meetings in our intervention area. Kishori group meeting was done in our intervention area madhubanighat, Bardaha and Haraj. Process started with registration of kishori, introduction, opening songs by girls and staff, lecture, sharing experience and participatory discussions on following issues and topics under Book of child module centre- Reproductive health care Personal health and hygiene, Self identity Good habits ,behaviour and attitude, Respect to all.

❖ **Home visiting: -**

During the period we tried our best to home visit in our intervention area. During this period project team members visited to family members for Regular GMC of children Importance of immunization, Exclusively 6 month breast feeding, Effect of child marriage, Care of SAM child and referred to NRC, to make them

❖ **Community Meeting**

During this period CHARDS organised community meetings in its intervention area. We continued to motivate and encourage pregnant women for safe and institutional delivery. We conduct meetings with their husband and father- mother in-laws to spread awareness and the importance of institutional delivery, ANC/PNC, Ambulance services 102, Proper sanitation, immunization, care of children and PW/LW, food habit nutritious food MCP card etc. during these all meeting some common points that came out, villagers asked for their demands and we also gave them assurance to convey their demands to the govt officials.



- ❖ **Celebration of International girl child day :-** We plan out the activities during the staff meeting and approached for Resource person and shared with our plan .

The process of workshop followed with registration of participants, welcome song by girls, Lecture , sharing idea and experience, participatory way group discussion on issues . Following topics were covered in the workshop.

Who is adolescent ? What are the changes come on physical and mental? How to look after yourself / herself during the MC?, personal health and hygiene , nutritional food, TT, Iron tablets , girls education effect of early marriage, women help line, STD, STI , HIV, / AIDS, and others.Now adolescent girls started to take discussion .

- ❖ **Meeting with Rogi Kalyan Samittee –** We organised meeting with Rogi Kalyan samitee at Ad. PHC madhubaighat and discuss on IPHS (Indian Public Health Standard) norm, availability of MBBS doctor,ANM,Rogi shed,Safe drinking water,electricity, availability of medicines etc.

CHARDS team is try to do better in future for serve the being humanity.

